



ASHOKA
Ashoka Universal School
OFF GANGAPUR ROAD CAMPUS, ARJUN NAGAR

NEWS LETTER |

MARCH 2021

Issue No:2



SENSE, ACCEPT & EMBRACE!

To feel Emotions is the most vital sense humans possess. " It's okay to feel all the emotions that you feel. Give yourself grace and say, "Its ok. All is okay."

Since childhood we are taught to feel only particular emotions like- if we fell down; we were told, "You are strong and not weak, so get up", when we throw tantrums; we were told to be calm and not angry, lastly if something used to upset us; we were told to be happy and not sad.

When we grow up, life puts us in situations where we are not always strong, calm and happy but weak, angry and sad. What do we do then? Nobody taught us to deal with these emotions in fact we know how to neglect these emotions and avoid them. The point is nobody taught us how to accept them. We know what to do when we are happy but what to do when we hit a rock bottom?

Unclear!

You, me and everyone experiencing this need to know that like any other feeling, experience of sadness, anger, jealousy, disgust are also okay to experience. They are part of life and it is like a packaged deal. These emotions are provided to us by nature and are provided for a purpose and the purpose is, these emotions need to be felt too, just like any other emotions. These emotions also need your attention, your acknowledgement and also your presence.

To put in simple words consider your emotions as your child and if we don't pay attention and acknowledge their presence they will do anything to get our attention and keep demanding our consideration, time, and efforts.

Every emotion is your emotion and you must own it, embrace it and work with it.



ACTIVITIES

EVENTS !



ASHOKA
ASHOKA UNIVERSAL SCHOOL, ARJUN NAGAR
Presents
Summer Party



Let's start this summer with fruits all around us
Saturday - 6th March, 2021
Venue- All time favourite- Circle time
Don't miss the FUN!
Dress code- Summer clothes
*summer party*Fruit salad making*music*
and much more*





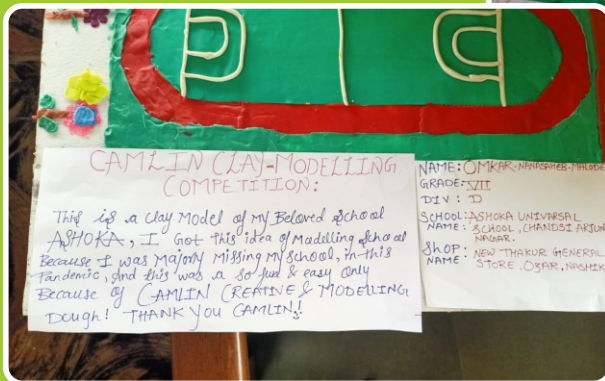
Camlin Clay Modeling Competition Winner

Competition Results 2020-21



Omkar Malode

CLASS VII RANK 1ST





Camlin Drawing Competition Winner

Competition Results- 2020-21

Primary Section Group – A



Aishwarya Bendre
Class II Rank 1st



Aaryan Deshmukh
Class I Rank 2nd

Secondary Section Group – C



Safal Jain
Class VI Rank 1st



Gagan Bhanthiya
Class VI Rank 2nd

Primary Section Group – B



Vrunda Sharma
Class IV Rank 1st

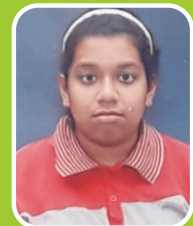


Aaradhay Bhanuvanshe
Class III Rank 2nd

Secondary Section Group – D



Aarav Mantri
Class VIII Rank 1st



Kathakali Ghosh
Class IX Rank 2nd

SYNERGY 2020-21 Competition Winners 2020 - 2021



Nandhu Manoj
Class VII Rank 1st



Aishwarya Bendre
Class II Rank 1st



SYNERGY 2020-21 Competition Winners 2020 - 2021

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**HEARTIEST
CONGRATULATIONS**
For Securing the 2nd Runner Up Position
Event : Speak to Lead



Ms. Krisha Patel
Grade IV

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**HEARTIEST
CONGRATULATIONS**
For Securing the 3rd Runner Up position
Event : Tech Wizards



Ms. Varda Gajare
Grade IX

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**HEARTIEST
CONGRATULATIONS**
For Securing the 2nd Runner Up Position
Event : Pritya Avishkar



Ms. Sharalee Chirekhani
Grade VI



Sports Winners 2020 - 2021

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CONGRATULATIONS
Nashik Kick Boxing Laurels

Ms. Saina Bhote
Grade 6
Bagged Gold Medal



ASHOKA
Ashoka Universal School
Off Gangapur Road Campus, Arjun Nagar

CONGRATULATIONS
Nashik Kick Boxing Laurels

Master Shaurya Kothawade
Grade 1 - bagged Bronze Medal

Master Prajwal Kothawade
Grade 1 - bagged Bronze Medal



ASHOKA
Ashoka Universal School
Off Gangapur Road Campus, Arjun Nagar

CONGRATULATIONS
Nashik Kick Boxing Laurels

Ms. Sharlee Chirekhani
Grade 6
Bagged Gold Medal






कलांगण

व्यक्तिच्या विकासात महत्वाचे कार्य करणारा विषय म्हणजेच... चित्रकला हा विषय होय. चित्रकला हा विषय सर्वश्रेष्ठ असे मी मानतो. मानवाच्या निर्मिती पासून चित्रकला हा विषय निर्माण झाला आहे. चित्रकला हा नुसता विषयच नव्हे तर शब्दाहून श्रेष्ठ भाव नुसत्या आकृतीया माध्यमातून प्रकट करण्याचे माध्यम होय. तसेच क्षणात हजारो शब्दांच्या माध्यमातून प्रकट होणारे भाव एका साध्या आकृतीतून (चित्राच्या माध्यमातून) समोरच्या मनास जावून भिडतात. एवढे सामर्थ्य चित्रकलेत आहे. म्हणून चित्रकला हि जगातील सर्व भाषांहून श्रेष्ठ भाषा होय. लहान बालकांपासून ते थोरांपर्यंत चित्र सर्वांना आवडतात. जीथे शब्द कमी पडतात तीथे चित्र प्रकटीकरणाचे महान कार्य करत असते, म्हणून अनादि काळापासून ते राजापर्यंत चित्रकलेला सन्मानानेच स्विकारले गेले आहे. याचे पुरावे पुरातन गुहा, पिरॅमिड, मंदिर, चर्च मध्ये सापडतात.

कला हि सर्व भाषांची जननी असल्यामुळे या विषयाची थोरवी गावी तेवढी कमी आहे, म्हणून मानवाच्या विकासात चित्रकलेला महत्त्व आहे मात्र चित्रकलेचे संस्कार बालमनावर योग्यवेळी, योग्य पध्दतीने केले गेले, तरच पुढील पिढी सुस्कारीत निर्माण होणार. चित्रकलेवर प्रभुत्व मिळविण्यासाठी केलेले प्रयत्न हे साधे प्रयत्न नसतात, तर ती एक तपश्चर्या असते. सतत सराव आणि सराव यासाठी १. निरीक्षण २. अनुकरण ३. नक्कल व ४. प्रकटीकरण या चार टप्यांची गरज असते, यावेळी कलावंतांची काम करतांना होणारी मानसिकता, अंतरमनाला बुध्दिला व इंद्रियांना एकाग्रतेची सवय लावते.

चित्रकला हा विषय केवळ प्रभुत्व मिळवून कलारसिकांची वाह-व्या मिळविण्यासाठी शिकविला जाऊ नये किंवा तेवढेच संकुचित ध्येय ठेवू नये. कारण यातून फक्त यांत्रिकी सौंदर्य निर्माण करता येईल, पण मनाला आनंद देण्यासाठी याहूनही काही वेगळं लागतं याचा शोध घेणे महत्वाचे आहे.

अनुभवांची देवाण घेवाण हा कृतीशील अभ्यास पध्दतीचा एक महत्वाचा घटक आहे असे मला वाटते. योग्य मार्गदर्शन, रंजकतापूर्ण शिक्षण पध्दती संशोधक वृत्ती शिक्षकांनी स्विकारून चित्रकला विषय शिकविण्याचे मनापासून ठरवून काम केले तर..

जन्माने कलावंत नसला तरी विद्यार्थी श्रेष्ठ कलावंत, श्रेष्ठ कलारसिक, श्रेष्ठ समिक्षक होऊ शकतो. यासाठी सहकार्य हवे असते...

१) विद्यार्थ्यांचे २) पालकांचे ३) शालेय वातावरणातल्या शुध्द, निर्मळ मनाच्या शिक्षकाचे ४) मुख्यध्यापकाचे व ५) शालेय संस्था चालकाचे.

By **Vijay S**
Arts HOD

NAME: Priyanshu Pingle

BOOK: Rome was not built in a day

STUDENT'S CORNER



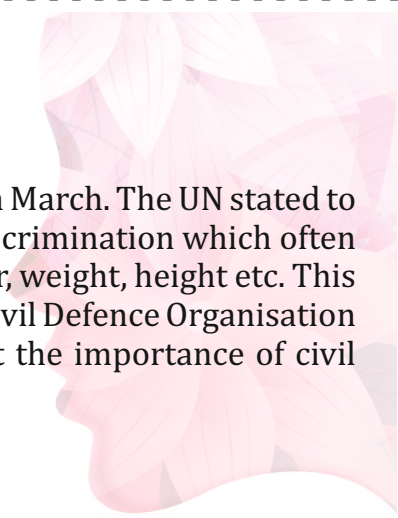
Rome was not built in a day” is one of my favourite proverbs as it means that nothing can be achieved in life without hard work and dedication. Rome is a beautiful and big city and it took 1,229 years to build. One of the most famous builds in Rome is the colosseum (the picture above). It is an oval amphitheatre at the centre of Rome and is the largest amphitheatre in the world. Therefore, everything takes time. So, one should only aim for determination in life. Success would follow its' path. There's a lot of inspiring stories matching this idiom like M.S.Dhoni, Sachin Tendulkar, Ratan Tata, Jamshed Ji Tata, Abdul Kalam, Narendra Modi etc.

Mahatma Gandhi when he was of 6 years, he had problems facing multiplication and he had to do several hunger strikes for our country. And Dhoni, he had gone into depression several times but never lost hope. Abdul Kalam's first satellite launch failed. But he did not give up hope to make a new one in the time of a year and launch it. Even Modi Ji, he started off as a tea vender. But is now the prime Minister of India. They faced a lot but still succeeded. My conclusion is that in order to lead a successful life you must work hard. Plus, it takes time. Never give up, never lose hope, work hard because “Rome was not built in a day.



1 March Zero Discrimination day & World Civil Defense Day -

This day is internationally important and is among the special days in March. The UN stated to celebrate this day from 1 March 2014 to raise awareness against discrimination which often happens because of race, caste, religion, age, gender, ethnicity, colour, weight, height etc. This day is also celebrated as World Civil Defence Day. The International Civil Defence Organisation of ICDO celebrates this day since 1990 to help people know about the importance of civil protection.



4 March National Safety Day -

It is among the essential days in March. The National Safety Council of India celebrates this day to raise awareness and keep people safe from health loss, financial loss etc.

8 March International Women’s Day -

International women's day is among the most important special days in March. It was first celebrated in the UK in 1908. The purple colour is the symbol of women all over the world. On this day, women around the globe celebrate their achievements in different places and also raise awareness against gender discrimination and the problems faced by them.

16 March National Vaccination Day -

This day is celebrated since 1995 as National Immunization Day to raise awareness on vaccination all over India.



22 March World Water Day

The UN started to celebrate this day in 1992 to make people aware of the importance of fresh water and how to use sustainable practices to keep water safe from pollution.

23 March World Meteorological Day

World Meteorological Day is celebrated to campaign for weather and climate safety. The World





For a Peruser

Small Move, Big Change

by Caroline Arnold

Have you ever promised yourself that this school year you won't leave writing your term paper until the last minute, just to forget about your resolution as soon as term started? Why did you struggle to stick to your new resolution?

Caroline Arnold dives into this question in her book, '[Small Move, Big Change](#)', discovering that most of us fail at keeping our resolutions because they are too vague and too big.

By incorporating 'microresolutions,' tiny behavioural modifications, into our daily habits, we can achieve lasting change in virtually any area of our lives. It all comes down to identifying our habits and external cues that can be linked to tiny resolutions that stick because they are so easy to achieve. This is an essential read for anyone wanting to change their habits.

Season the conversation

Idioms are a type of figurative language that can be used to add dynamism and character to otherwise stale writing. You can also use idioms to: Express Complex Ideas in a Simple Way.

under the wire -

Barely in time, at the last moment

For instance - I turned in my report just under the wire.

bite the dust-

To fall or to end in failure

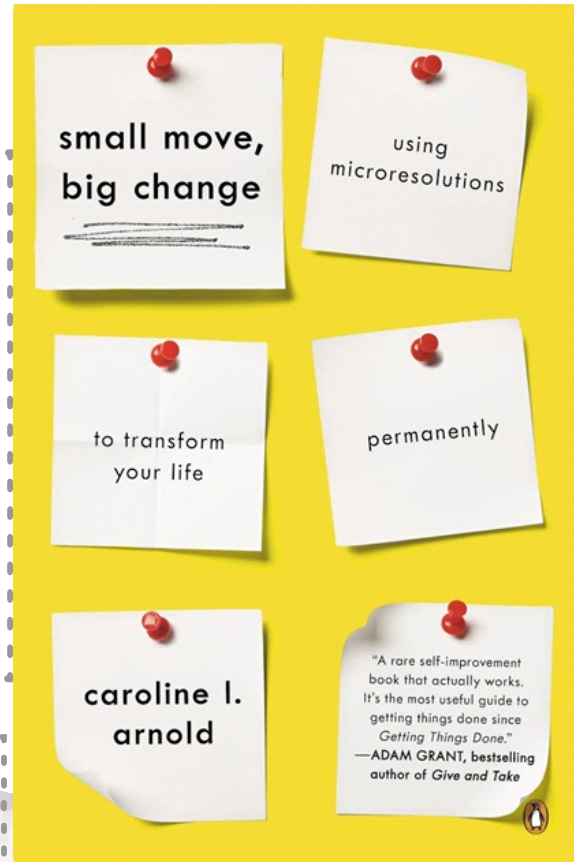
For instance - His career bit the dust when he lost his job.

Armed with charm

Being resourceful to yourself is the best way to aid your efforts. Every time you leave your place and walk-up to someone make sure you have these things handy-

A pen and a scrap book - Always carry them since it proves that you are up for an important discussion worth noting points from.

Put on that Smile - Never leave it back! A difficult situation can be nullified just by wearing that beautiful smile. Greet, converse and take-up suggestions with a smile (It really makes a whole lot of difference.)



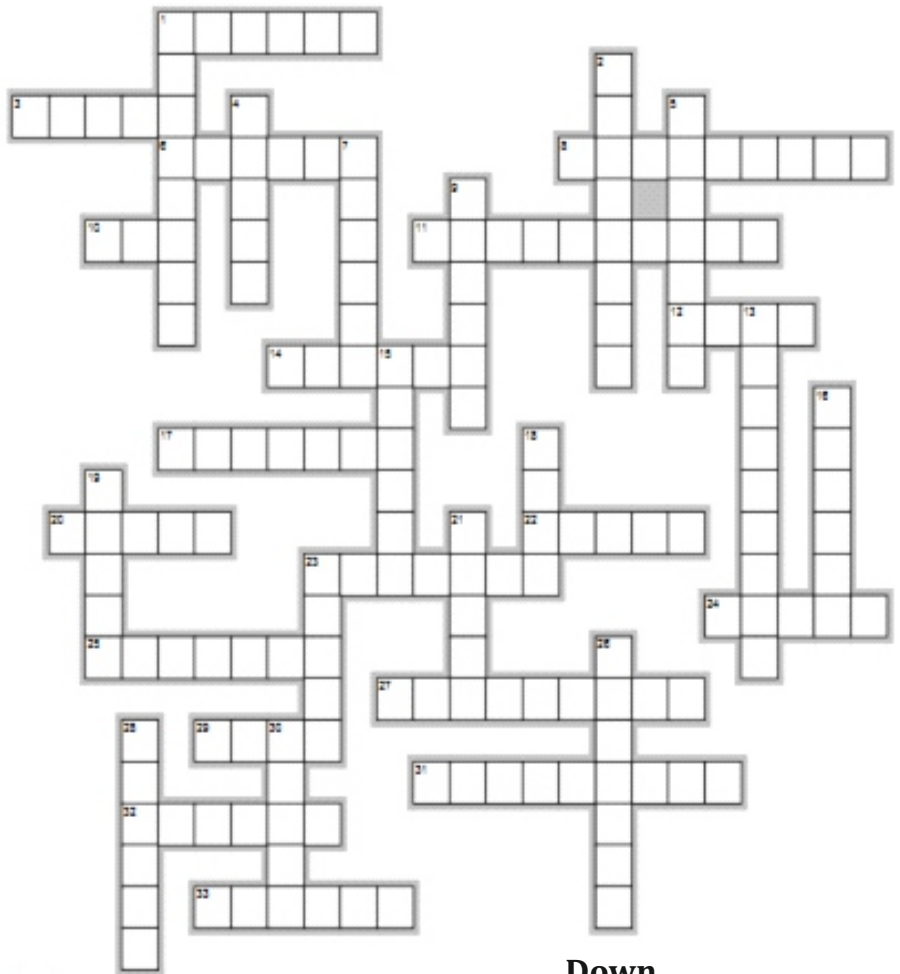


CROSS WORD

Famous Pairs

Clues Across

1. Macaroni & ___
3. Chips & ___
6. Table & ___
8. Anthony & ___
10. Adam & ___
11. Rocky & ___
12. Bacon & ___
14. Ken & ___
17. Ozzie & ___
20. Batman & ___
22. Bert & ___
23. Peas & ___
24. Peanut butter & ___
25. Laverne & ___
27. Snoopy & ___
29. Beans & ___
31. Chicken & ___
32. Paper & ___
33. Hugs & ___



Down

1. Cheese & ___
2. Gilbert & ___
4. Laurel & ___
5. Milk & ___
7. Cup & ___
9. Romeo & ___
13. Simon & ___
15. Bread & ___
16. Hansel & ___
18. Currier & ___
19. Shoes & ___
21. Lone Ranger & ___
23. Bonnie & ___
26. David & ___
28. Salt & ___
30. Fish & ___

Trivia Questions

What did the first vending machine dispense?

What is the technical name for the hashtag symbol?

•Holy water •Octothorpe



Ashoka Group of Schools

Off Gangapur Road campus, Arjun Nagar.

ADMISSIONS OPEN 2021-2022

CAMBRIDGE | ICSE | ISC | HSC
PRE PRIMARY



“
SOMEDAYS THEY WIN
SOMEDAYS THEY LOSE
BUT THEY ALWAYS LEARN
”

THE EDITORIAL CREDITS

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