



ASHOKA
Ashoka Universal School
OFF GANGAPUR ROAD CAMPUS, ARJUN NAGAR

NEWS LETTER |

APRIL 2021

Issue No:3



Nurture the Emotions!

Do you think getting high scores and A+ rank are enough for our children?

Well it must be sufficient for some; however it's not for the majority of us. Yes, these marks, ranks and exams are necessary; however, that's not the only ladder that our kids need to climb; rather these ranks and scores talk only about competing in this world. We need to understand before competing our kids need to live with each other and that's where Socio-emotional development plays a significant role because it's not always about competing rather it also means staying together with the people around you.

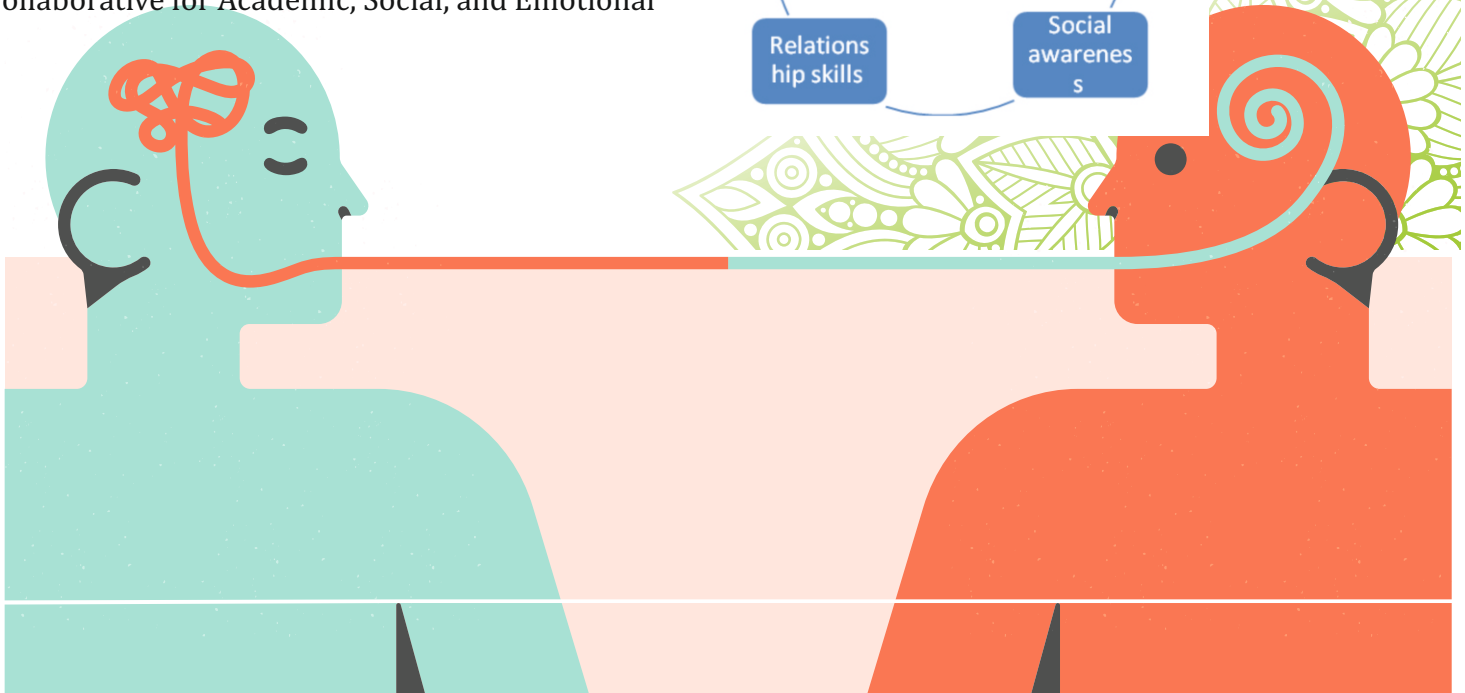
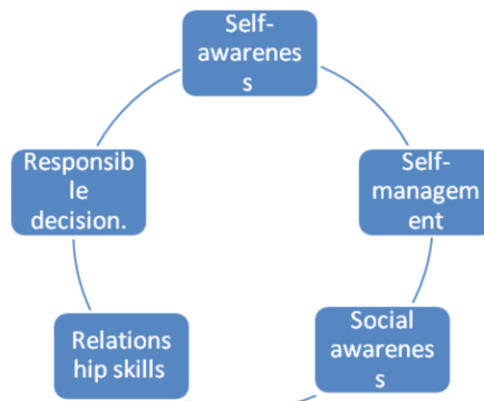
“Social and emotional learning is the process through which children and adults acquire and effectively apply the knowledge, attitudes and skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy to others, establish and maintain a positive relationships and make responsible decisions.” This is a definition provided by C.A.S.E.L, which works in the area of social and emotional development.

The article in Psychology Today, shares the Collaborative for Academic, Social, and Emotional

Learning (C.A.S.E.L) five core skills that are widely recognized as critical social-emotional skills:

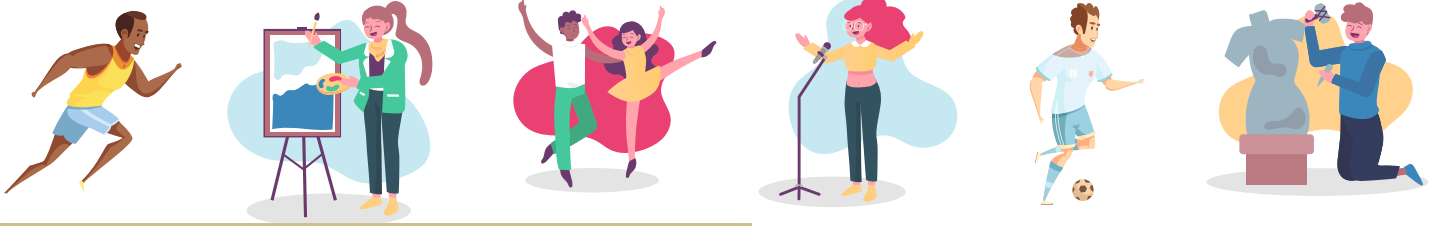
All these study and articles give me an insight about the statement that I have heard and you must have heard it too, it reads that, “Human is a social being”. Now I realised why nobody questioned and reframed it saying-“Human is an intelligent being”. Indeed we all need people to define us, to celebrate our victory, to empathise with us and walk with us in this journey.

A phrase shared by Daniel Goleman, a psychologist, the author of the bestseller book, titled -'Emotional intelligence'. He says, “Our emotions have a mind of their own, one which can hold views quite independently of our rational mind.” What I infer from this sentence is life gives us an opportunity to nurture and cultivate the “Mind” of our emotions because we are social being, aren't we?



ACTIVITIES

EVENTS !



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Summer
party



**GREETING
CARD
MAKING
ACTIVITY**



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SOLAR SYSTEM ACTIVITY



ACTIVITIES

EVENTS !



SCIENCE FAIR NATIONAL SCIENCE DAY 2021





National Award

Best Child Artist for a film "PUBG"

ASHOKA

Ashoka Universal School
Off Gangapur Road, Arjun Nagar

National Award

Best Child Artist for a film "PUBG "



Master. Abhinay Ugale

Grade 7

The award was presented by renowned
DIRECTOR- MR SATISH RANDIVE

Abhinay Ugale

CLASS VII





Drawing & Painting Activity

Miss Kathakali Ghosh
Grade X C



Circularism Pencil Shading

Circularism pencil shading is a technique where shading is done with circles, small circles close to each other defining darker shades and large circles apart to depict lighter shades. Contour shading is a technique which involves following the contour of a line or the lines of a shape of a particular subject.

Here, are few glimpses of these shading methods that the artists have used to draw these sketches.





Karna, the mighty warrior prince, the king of Angadesh, adviser to Duryodhana and a competitor to Arjuna. A simple man who was kept devoid of his real identity. His whole life entangled in an answer of a question – WHO AM I? His dignity, his destination and his ambitions, they all seemed to be linked with the answer of this question. The gimmick was, the truth which should have set him free, entangled him more and more. Karna, known by various names, Angaraja (king of angadesh), Sutaputra (son of suta), Radheya (son of Radha maa), Kaunteya (son of Kunti), Mrityunjaya (the one who has overcome mrityu-death), was a prominent character in the great Hindu epic, Mahabharata. He was the only one who was considered to be able to defeat the mighty Arjuna as an archer. Born of a god and a mother who abandoned him at the time of birth, was mistreated throughout his life. Rejected by many, including the great teacher, Dronacharya, taunted by the epitome of beauty, Draupadi, insulted by his own brothers and manipulated even by gods, Karna comes across as a classic tragic hero. This novel very precisely makes the reader understands the problems faced by Karna. Karna's character being very complex, is very difficult to make someone understand the circumstances which trapped him. His compassionate nature verses the bitterness to avenge his insults, there is something to win. This very bizarre combination is what Karna's life's summary. His relationship with every character in Mahabharata has its own significance, then be it his love of his wife, Vrushali, his committed friendship with Duryodhan or his complicated relationship with Krishna.

Main Characters- Karna, Krishna, Arjuna, Duryodhana (the eldest amongst Kauravas), Kauravas, Shakuni, Draupadi, the Pandavas, Kunti, Radha maa.

The book at one glance- The book starts with the arrival of Krishna to Karna's palace as a guest. They have a profound talk about the kingdoms and Karna's family including Karna's parents, his two wives and three sons. Soon, after the Krishna departs, Duryodhan arrives with news of a Swayamvara arranged by the king of Panchala for his daughter, Draupadi, who is the most beautiful women on earth. Karna, reluctantly attends swayamvara for his beloved friend, Duryodhana who want Karna to participate on his behalf but Karna is insulted by Draupadi because of his low caste. Karna outraged, returns to his kingdom but is

soon toned down by his wife. Next day, news arrives that Draupadi has married the five Pandavas, which shocks Karna whereas the news is joke to others. Soon there is grand event arranged for the Pandavas at Hastinapur by Kaurvas and their maternal uncle, Shakuni to insult Pandavas and their wife as Kauravas are always against Pandavas despite of being their brothers. Off course, Karna is also invited. This event proves to be the worst event ever happened. Draupadi is disrobed and insulted by the Kauravas wherein Karna remembers how she insulted him for his caste so he abuses her too. This is where a huge war is declared by the Pandavas. As Karna is committed to Kauravas, he fights from them. He doesn't know that Duryodhan doesn't really respects him but just wants Karna to be with him because of warrior skills and the divine armour which is gifted to Karna by the god of Sun. But before the war, Karna is asked to donate his armour by god Indra as Indra is the father of Arjuna, he wants Arjuna to win the war. Karna, being very compassionate and a doner, gives it away despite of knowing Indra's true intentions because he trusted his own skills. Duryodhan is disheartened after listening this. After this Krishna reveals to Karna that he is not the son of the mother whom he is living with who is Radha maa , instead he the son of Kunti, the mother of Pandavas and the god of Sun. Karna is dejected after knowing that his enemies are his own blood brothers but he still decides to fight from Kauravas as he is very sure with his commitments. In the 18 days war, on the 17th day, Karna is killed by Arjuna and the Pandavas get to know about the truth

of Karna being their own brother and blaming Kunti for hiding the truth, yet Karna asks them to not to do so. He requests Arjuna to perform his last rites and dies with no regrets.

My opinion- There are several books written, in several languages on this very beautiful character of Karna. This book explains the story of Mahabharata from Karna's point of view and is not bias towards any of the characters. Karna's faults, his plus points and all his skills are very subtly explained is this magnificent work of art. While reading this book, you actually start imagining the scenario and that is what called a perfect writing. The type of writing is very decent and simple. The vocabulary used is not so complicated to literally find the meanings of phrases and words in dictionary yet it enhances you.



Life is not a rehearsal. Lost opportunities rarely come again. People think that it takes months and years to change the life notwithstanding, this belief I think one's life changes the second the person decides to be a better, more dedicated human being.

It is so ironic that so many people say they would do anything for a little more time every day and yet squander the time they already have. All have the same allotment of twenty-four hours in a day. What separates the people who create great lives from the also-rans is how they use these hours.

To manage the time a 'Chore Checklist' can be proved a tool to manage the clutter around. Creating a chore chart is just like listing the chores to track and organize the work. Enlisting the work is equivalent to managing it, motivating one to follow it further and getting done with it. The chart can be physical or virtual. Talking about it in present digital world; there are apps at Playstore to make this work way easier.

"The days come and go like muffled and veiled figures sent from a distant, friendly party, but they say nothing, and if we do not use the gifts they bring, they carry them as silently away," observed Emerson. (Tip: A chore checklist app- 'Chore Checklist' helps one to manage chores at home or other places; for weekly, monthly or other recurring chores.)





1. 1st April - April Fool's Day

April fool's Day is also known as All Fool's Day and is celebrated since centuries but its origins are uncertain. According to some historians, it was first celebrated in 1852, when France switched from the Julian calendar to the Gregorian calendar and some say that it is related to the turn of the seasons.



April 23

English language Day



2. 7th April - World Health Day

As we know that "Health is wealth". Therefore, World Health Day is celebrated worldwide every year on 7th April. Various programs and arrangements are managed by the World Health Organisation. It was first time celebrated in 1950.

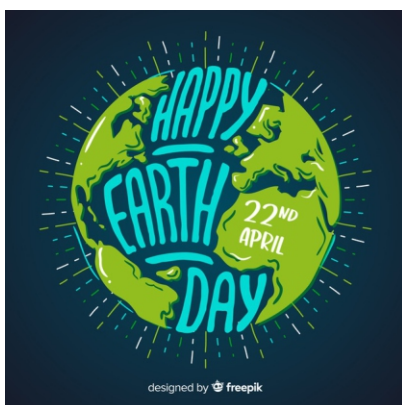
3. 10th April - Siblings Day

Siblings are an important part of our lives. One cannot imagine his or her life without siblings. To honour our siblings, to show affection, to appreciate one another -- National Siblings Day is celebrated every year on April 10. In India, the occasion of Raksha Bandhan celebrates the special bond between the siblings. Siblings Day is celebrated in many parts of the world like United Kingdom, Australia, India etc. but is not federally recognized.

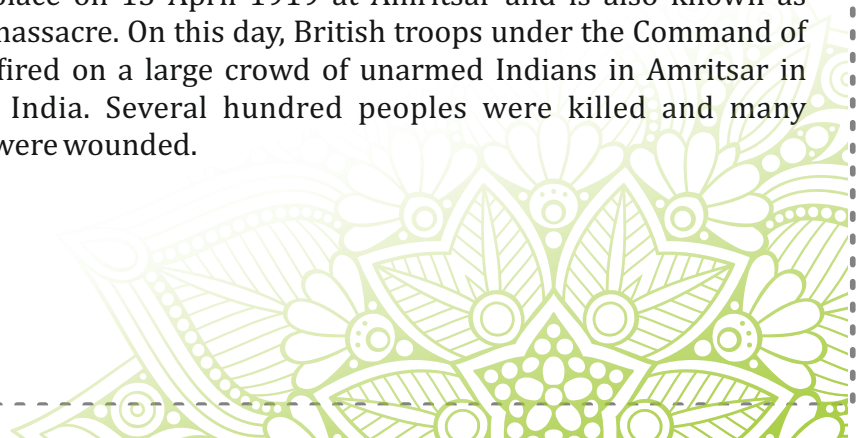
4. 10th April - World Homoeopathy Day (WHD)

WHD is observed every year on 10 April to pay tribute to the founder and father of Homeopathy system of medicine Dr. Christian Friedrich Samuel Hahnemann. The main aim of this day is to spread knowledge about Homeopathic medicine in public health. In fact from 10 April to 16 April World Homeopathy Week is celebrated annually which is organised by the World Homeopathy Awareness Organisation. Basically, this day is celebrated to both for homoeopaths and also for those who have been healed with homoeopathy.

5. 13th April - Jallianwala Bagh Massacre



It took place on 13 April 1919 at Amritsar and is also known as Amritsar massacre. On this day, British troops under the Command of Gen Dyer fired on a large crowd of unarmed Indians in Amritsar in Punjab of India. Several hundred peoples were killed and many hundreds were wounded.





6. 14thApril - B.R. Ambedkar Remembrance Day

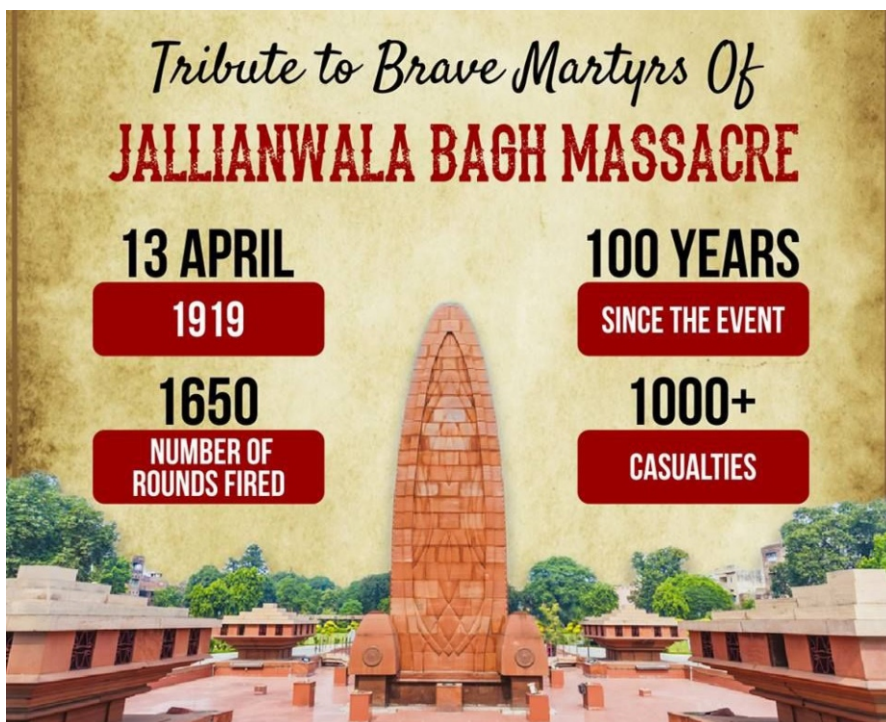
B.R. Ambedkar Remembrance Day is also known as Ambedkar Jayanti or Bhim Jayanti which is observed on 14 April to commemorate the memory of B.R Ambedkar. This day celebrates the birthday of Baba Saheb Bhimrao Ambedkar, an Indian politician and social rights activist.

7. 22ndApril - World Earth Day

This day is observed every year on 22 April to mark the anniversary of the birth of the modern environmental movement in 1970. In the Universe Earth is the only planet where life is possible and so it is necessary to maintain this natural asset. World Earth Day is celebrated to increase awareness about the importance of the planet.

7. 24thApril - English Language Day

English Language Day is celebrated on 23 April annually and is a United Nations (UN) observance day. The day coincides with both birthday and death day of William Shakespeare and World Book Day.



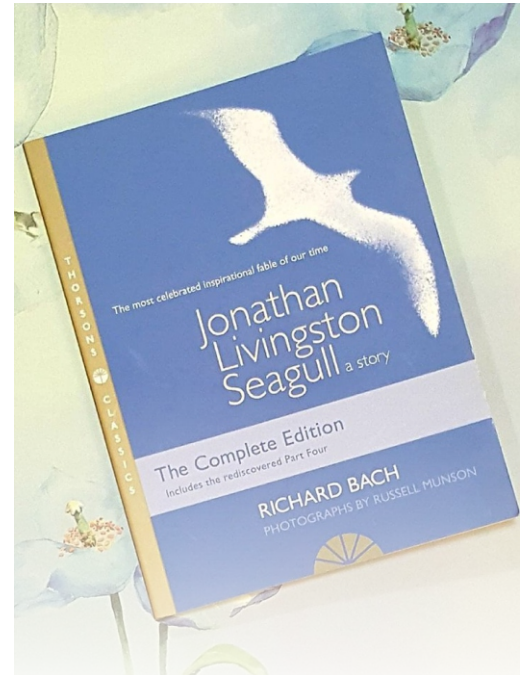


For a Peruser

Jonathan Livingston Seagull - By Richard Bach

With lines like: "Don't believe what your eyes are telling you. All they show is limitation," this book will move you deeply. I re-read it, still amazingly good.

Jonathan Livingston Seagull, written by American author Richard Bach and illustrated by Russell Munson, is a fable in novella form about a seagull who is trying to learn about life and flight, and a homily about self-perfection. Bach wrote it as a series of short stories that were published in Flying magazine in the late 1960s. It was first published in book form in 1970, and by the end of 1972 over a million copies was in print. Reader's Digest published a condensed version, and the book reached the top of the New York Times Best Seller list, where it remained for 37 weeks. In 1972 and 1973, the book topped the Publishers Weekly list of bestselling novels in the United States



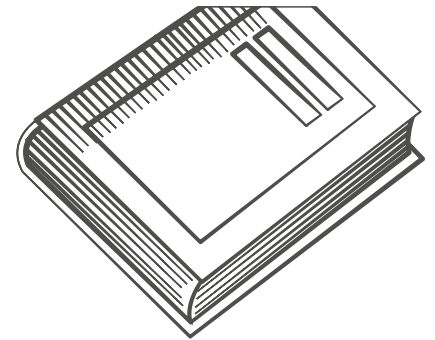
Season the conversation

Go bananas- to describe the feeling of anger, craziness. It can also be used to describe the feeling of excitement or enthusiasm.

For example- The kids went bananas when they heard of the picnic.

Tough cookie- to describe someone who is strong, determined and not easily intimidated.

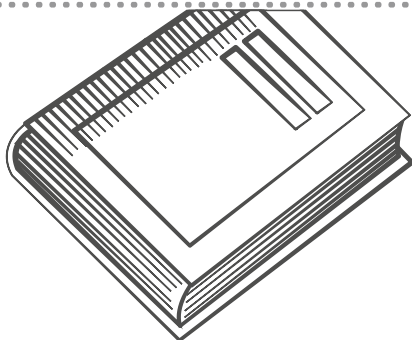
For example- She had a difficult childhood, but she's a tough cookie.



Armed with charm

Tidy your table- Unclutter the table or desk you are working at; that makes the working and thoughts go unclutter.

Plan your day- Create a list of work you need to get done with, prioritize it. Remember a planned day is already a partially achieved one.

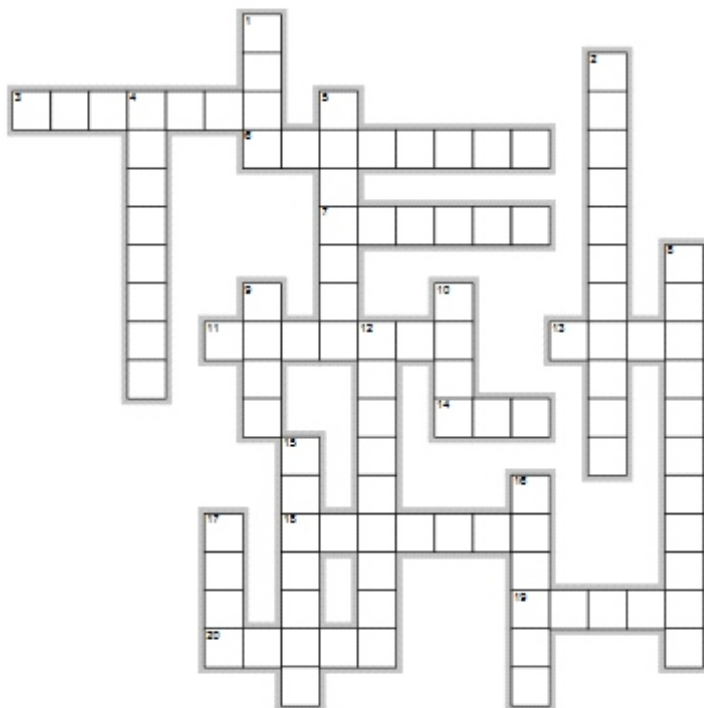




CROSS WORD

Insects!

Find out how much you know about insects as you complete this crossword. There are no spaces between words in the puzzle.



Across

3. It chirps loudly and jumps quickly
6. This insect gives off a bad odor
7. Brown insect with pincers and long antennae
11. It's often red with black spots
13. Tiny insect that sometimes leap onto pets
14. Number of legs on all insects
18. Insect that eats wood
19. Number of body parts on insects
20. What bees make that we like to eat

Down

1. Insects that build small hills
2. Wormlike animal that spins a cocoon
4. This kind of eye allows insects to see in many directions
5. Insect that seems to "light up" at night
8. Jumping insect with very long legs
9. This insect, like a bee, can also sting people
10. Most insects hatch from these
12. Beautiful insect that comes out of a cocoon
15. Name for the "feelers" on insects' heads
16. What bees like to eat
17. Insect that flies around lights at nighttime

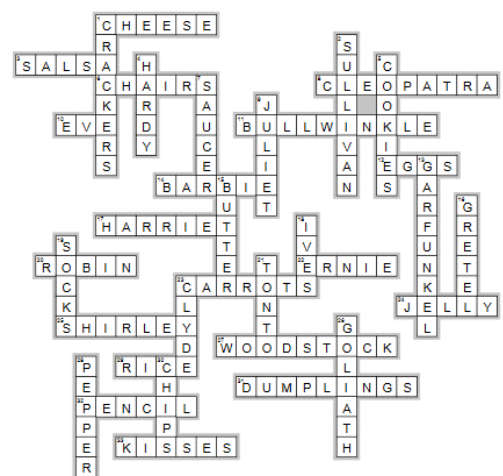
Answer to Crossword of Issue No.2

Trivia Questions

What year was the very first model of the iPhone released?

Which auto brand was the first to offer seat belts?

Answer: 1.2007 2.Nash Motors





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“
SOMEDAYS THEY WIN
SOMEDAYS THEY LOSE
BUT THEY ALWAYS LEARN
”

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